

LESSON PLAN

Initial Questions for Discussion:

- Why did David love Atun?
- How did Atun make David feel? How did the other kids make David feel?
- What did Atun do for David?
- What did David learn from Atun? How did Atun learn what he taught David?
- How did Atun remember his father?
- How did David remember Atun?

Questions for Additional Discussion:

- Is there someone that you don't see anymore? / Is there someone you have lost?
- How much do you miss them?
- What did they do for you?
- How do you feel now that you can't see them? Sad? Angry?
- Do you have a hard time believing they are gone?

Writing Exercise:

- Question: How were you either related to or know the person you lost?
 - Draw a family tree/indicate how they knew the person.
- Question: What are some of your favorite memories with them?
 - Have students write their answers down.

- What do you feel when you think about those memories? Happy? Excited?

Research and Projects:

- Research Ybor City. What does the architecture look like? Who has lived there? Is there anything special about it? What types of businesses are located there? What is its history?
- Research Broadway. What is so special about it? What is its history? Why do people like it? Where is it located?
- Research Charlie Chaplin. Who is he? What was he known for? Where was he from?
- Do a research project on coffee.
 - How is it grown?
 - Where is it planted? Which countries? Does the place where its planted help create a specific flavor?
 - How is it roasted?
 - Are there different kinds? How many?
 - What are all of the different uses for coffee?
- Do a research project on cedar.
 - Where does it grow?
 - How tall do the trees get?
 - What is it used for?
 - What do you think it smells like?



ADDITIONAL ACTIVITIES

Follow Up Activity 1:

- Have the students either bring in a photo or draw a picture of the person they miss.
- Have the students find pictures in magazines to make a collage around the person which illustrate the things they miss about them/memories. Reference what they wrote to identify pictures to include.

Follow Up Activity 2 (More In Depth):

- Have the students either bring in a photo or draw a picture of the person they miss.
- Have the students write down what they miss but use the 5 senses:
 - Touch: Hugs? Cuddles?
 - Sight: Features on the person? Clothes they wore?
 - Hear: Their laugh? Voice? Saying?

- o Taste: Food they enjoyed?
- o Smell: Cologne/Perfume? Scent at their home?
- Have the students find pictures in magazines to make a collage around the person which illustrate the things they miss about them/memories. Reference what they wrote to identify pictures to include.

Follow Up Activity 3:

- Write a letter or "love note" to your deceased-suggestions include:
 - o Update them on your life
 - o Describe how things are different without their presence.
 - o Encourage use of specific "feeling" words (sad, guilt, shock, denial)
 - o How did they, and continue to impact your life
 - o Say thank you for what they meant to you

Follow Up Activity 4:

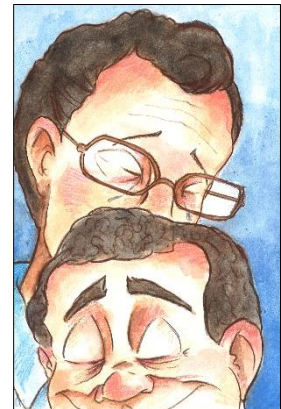
- Make a list of 10 qualities you love/miss about the person (can be incorporated into the Follow Up Activity 2)

Follow UP Activity 5:

- Guided journal exercise:
 - o When I think of you, I feel _____
 - o What I miss most about you is _____
 - o It makes me sad when _____
 - o I need for you to know _____

Follow Up Activity 6:

- Take the person's name and use a word to describe how special they were (this one is good for children)
-example: **A**-amazing
 T-tender
 U-understanding
 N-nurturing



Additional thoughts on how to move forward from grief and loss:

- Talk to a friend or loved one when feeling sad.
- Attend group counseling to connect with others who have experienced a loss.
- Engage in self-care: music, favorite tv show, hot bath, time spent with a pet, reading, etc.
- Schedule individual therapy/counseling to address feelings of loss.
- Create an anniversary ritual: yearly memorial service, visit to gravesite, light a special candle on the date of the death, read a poem, have someone sing a song in their honor.

When someone you love becomes a memory, the memory becomes a treasure.

-Author Unknown

El sol no se tapa con un dedo.

-Atun

